

April 2005

Book of the Month

Scott Engle

***The Progress Paradox:
How life gets better while
people feel worse***

by Gregg Easterbrook

Easterbrook is an accomplished writer and researcher with a reputation for evenhandedness and accuracy. His survey of the American culture is heavily footnoted and well-indexed.

I think you'll find it very thought-provoking, especially as you read through his insights into the anxieties that characterize much of our lives.

As a Christian, I'm sure that you will anticipate some of his conclusions about the place of kindness and gratitude in our search for happiness.

Scott

Available at *Inspiration*
the St. Andrew bookstore

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